

# *melinda iverson inn*

{ GUIDE & COMPANION FOR AWAKENING  
YOUR SPIRITUAL INTUITION }

## ENERGY FIELD CLEARING

My father C. R. Iverson shared this prayer with me and I have found it to be a highly effective dowsing technique.

Spoken directly to the energy/energies in either your energy field or the person or pet you are working with—run your pendulum in a clockwise motion. If you are not a dowser just say it as a mantra out loud or as a mantra silently to yourself. Remember *focused intent is everything*.

Repeat this with your pendulum swinging in a clockwise position. When your pendulum stops moving the process is complete. You or your subject will be alone in your/their energy field.

“I am glad you are here.

If you are willing to help yourself,

I will help you, but I will not carry you.

If you are willing to help yourself,

please go and find an entity or energy

that is suffering more than you are and help them.”

{ *C. R. Iverson* }



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